

ACGME Update for Sutter Santa Rosa Family Medicine Residency

Program Code 1200511065

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Program Status

On Monday, October 9, 2017 an unprecedented wildfire swept through our community burning large parts of the town of Santa Rosa and neighboring towns. On the morning of the fire, our sponsoring institution, Sutter Santa Rosa Regional Hospital (SSRRH) located at 30 Mark West Springs Rd, Santa Rosa, CA had to close and evacuate patients while it was surrounded by flames. The hospital still stands but has been closed for patient care while the air is filtered and the Department of Public Health deems the hospital safe to resume patient care. The hospital is expected to reopen Tuesday, October 17, 2017. Once SSRRH reopens, we will resume our regular inpatient rotations and activities for this site, inclusive of Adult Medicine, Maternity Care, Surgery and Emergency Medicine. We anticipate a total interruption of 8 days of patient care in the hospital.

Kaiser Permanente Hospital of Santa Rosa also closed and evacuated patients on the same day and is expected to be reopened on or near Monday October 16, 2017. When the hospital reopens, our PGY1s will resume Inpatient Pediatrics.

Our Family Medicine Center at the Vista Campus of Santa Rosa Community Health (SRCH), located at 3569 Round Barn Circle, Santa Rosa, CA sustained fire, smoke and water damage to the extent that the building is non-operable. Estimated time for repair is six to twelve months.

Our residency administrative office has relocated to an administrative satellite office maintained by Santa Rosa Community Health, located at 405 West College Ave, Santa Rosa, CA. We will look for a longer-term location for our administrative offices in the next week within other buildings owned by Sutter.

Interim FMC

Santa Rosa Community Health owns and operates our FMC at the Vista campus. SRCH has a second clinical location in Santa Rosa, known as the Lombardi campus, located at 751 Lombardi Ct, Santa Rosa, CA 95407. Both Vista and Lombardi are federally qualified health centers with similar populations. SRCH plans to integrate care of all patients from the Vista campus to the Lombardi campus. Some residents were able to begin seeing patients on a walk-in basis at Lombardi on Tuesday, October 10. This site will offer a continuity site to all 36 of our residents and we do not expect any change to the patient demographics of the resident continuity practice.

FMC Supervisors

Our current core and community faculty who previously supervised residents at the Vista campus will continue to supervise residents at the new Lombardi FMC as our faculty have privileges throughout the entire SRCH organization.

Program Director Authority at Lombardi FMC campus

Our Program Director, Tara Scott, MD will continue to maintain authority over our residents while they work at this location. Due to our existing partnership, affiliation and collaboration between with SRCH, the previous agreements will apply at the new FMC granting Dr. Scott authority of our residents. Dr Scott works closely with the Chief Medical Officer and Chief

Executive Officer to maintain smooth integration of the residents and faculty into the SRCH organization.

Resident Status

All 36 residents, 15 faculty and 6 staff are safe and accounted for. Two residents lost the homes they were renting but are safely housed within the residency community. Currently all 36 residents remain in active status within our program and have made no plans of transferring out of our program to this point.

Maintaining Curriculum

We currently have a team of residents and faculty who are working on our didactic curriculum during this time while we transition from disaster response to resuming regular duties and planning for any changes that will result from the devastation some of our clinical teaching partners have suffered. This is a priority for our program and we expect to return to an approximation of regular daily/weekly rotation schedules over the coming week. We will continue to offer residents "Clinical Learning in Practice Sessions" which are done in small groups prior to all morning and afternoon sessions in the FMC. Formal teaching sessions and grand rounds will continue on inpatient medicine and OB services as soon as those services restart this week.

The fires are still burning in some parts of Santa Rosa as of the writing of this document and it is not possible to assess the readiness of all of our clinical partners to resume their clinical activity. As information becomes available to us, we will be making adjustments to resident schedules. In some cases we are able to simply send residents to a new location within our existing partnerships. In other instances we may need to arrange an alternate site. We expect this coming week will shed more light in this area, identifying our options and necessary needs and next steps. We have multiple community partners who have reached out to us to offer learning and training opportunities for our residents.

Resident and Faculty Well Being

In the first hours and days following the fire, our community of residents and faculty provided relief at other hospitals where patients were transferred and they staffed the shelters where the community evacuees were being directed. Once we established a temporary headquarters on October 11, we were able to plan for our first all group meeting following the fire. The meeting was held Thursday afternoon, Oct 12 to help our group maintain a sense of community and to update the residents on the status of the program. In addition, our Behavioral Medicine faculty along with the Program Director facilitated a process group with the five residents who were in the hospital during the active fire and evacuation, providing them space to debrief their experiences. Behavioral Medicine will continue to facilitate regular group meetings for our entire residency program as well as the weekly Personal and Professional Development process groups for each PGY level class and the monthly meeting for the faculty. The psychologists who provide this facilitation will monitor closely for signs of trauma and burnout during this period.

Now that we have emerged from acute crisis, we are prioritizing group meals and wellness activities such as yoga and meditation breaks. Without compromising patient care and with the help of our community partners we were able to give all 36 residents this weekend (10/14 to 10-15-17) off so they could prioritize self-care. Faculty have encouraged and offered mentorship around other forms of processing traumatic events, such as writing. Our alumni have developed a GoFundMe account to begin fundraising for our two residents who've lost their homes. Many of our faculty and residents have had to evacuate their homes and those not displaced within our residency family have opened up their homes to provide safe and

supportive shelter. We have an active google doc with 20+ offers of short and long-term housing options for those who have been displaced temporarily or long-term. This document is available to our residents and faculty and is continuously being updated. In order to support the wellbeing of some residents who were evacuated and give them the necessary time to stay out of Santa Rosa, we have identified several low-stress, focused projects residents can do to help us in the rebuilding process and continue us moving forward in the recruitment season.

In addition to these internal residency resources and support, Sutter, as the sponsor and employer of the residents, has an Employee Assistance Program which provides 24 hour support by professionally trained staff. Residents impacted by the wildfires have the option of applying for financial assistance through Sutter Health or through the resident union SEIU.

Since the early hours of the fires, we have used the GroupMe-group texting App as a way for our entire residency to stay in touch and remain connected 24/7. We have used this modality to check in with each other regularly, to communicate schedules, fire safety resources such as need for respiratory masks, air quality and updates of evacuation zones. The Program Director has instituted "Fireside Texts" to maintain morale. Behavioral Medicine faculty are reaching out to individual residents and faculty on a regular basis to monitor for signs of distress, fatigue and burnout.